

# The Prostaglandin E2 Receptor, EP2, Is Upregulated in the Dorsal Root Ganglion After Painful Cervical Facet Joint Injury in the Rat

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**Study Design.** This study implemented immunohistochemistry to assay prostaglandin E2 (PGE2) receptor EP2 expression in the dorsal root ganglion (DRG) of rats after painful cervical facet joint injury.

**Objective.** To identify if inflammatory cascades are induced in association with cervical facet joint distraction-induced pain by investigating the time course of EP2 expression in the DRG.

**Summary of Background Data.** The cervical facet joint is a common source of neck pain, and nonphysiological stretch of the facet capsular ligament can initiate pain from the facet joint via mechanical injury. PGE2 levels are elevated in painful inflamed and arthritic joints, and PGE2 sensitizes joint afferents to mechanical stimulation. Although *in vitro* studies suggest that the EP2 receptor subtype contributes to painful joint disease, the EP2 response has not been investigated for any association with painful mechanical joint injury.

**Methods.** Separate groups of male Holtzman rats underwent either a painful cervical facet joint distraction injury or sham procedure. Bilateral forepaw mechanical allodynia was assessed, and immunohistochemical techniques were used to quantify EP2 expression in the DRG at days 1 and 7.

**Results.** Facet joint distraction induced mechanical allodynia that was significant ( $P < 0.024$ ) at all time points. Painful joint injury also significantly elevated total EP2 expression in the DRG at day 1 ( $P = 0.009$ ), which was maintained at day 7 ( $P < 0.001$ ). Neuronal expression of EP2 in the DRG was only increased over sham levels at day 1 ( $P = 0.013$ ).

**Conclusion.** Painful cervical facet joint distraction induces an immediate and sustained increase of EP2 expression in the

DRG, implicating peripheral inflammation in the initiation and maintenance of facet joint pain. The transient increase in neuronal EP2 suggests, as in other painful joint conditions, that after joint injury nonneuronal cells may migrate to the DRG, some of which likely express EP2.

**Key words:** facet, pain, EP2, neck, joint, inflammation. **Spine** 2013;38:217–222

Back and neck pain represent widespread debilitating conditions afflicting more than 30% of the adults in the United States.<sup>1</sup> The facet joint has been identified as the source of neck pain in 25% to 65% of the patients,<sup>2</sup> with mounting evidence that mechanical injury of this joint can initiate pain, particularly in the cervical spine.<sup>3–9</sup> Both mechanical injury and inflammation of the facet joint have been shown to produce persistent pain in otherwise normal rats.<sup>10–12</sup> Furthermore, mechanical injury of the facet joint increases cytokine messenger RNA in the dorsal root ganglion (DRG)<sup>11</sup> and intra-articular injection of a nonsteroidal anti-inflammatory agent alleviates injury-induced pain in that same model,<sup>13</sup> suggesting that inflammation has a role in the pain response after a mechanical joint insult. Although there are increasing suggestions that mechanical joint injury can initiate inflammatory responses in the context of pain, the molecular mechanisms of facet joint injury-induced pain remain poorly defined.

Inflammatory mediators, such as cytokines, prostaglandins, and neuropeptides, increase within the joint and the DRG in joint inflammation and arthritis.<sup>12,14,15–17</sup> In particular, prostaglandin E2 (PGE2) has been identified as a key mediator of inflammation-induced behavioral sensitivity and increased neuronal excitability.<sup>18–21</sup> PGE2 produced in inflamed tissue sensitizes afferents by binding 1 of the 4 possible G-protein-coupled receptors (EP1–EP4),<sup>22,23</sup> all of which are expressed in the DRG.<sup>24</sup> Of these receptors, *in vitro* studies have suggested that EP2 is involved in the pathophysiology of painful joint conditions.<sup>25</sup> Separately, blockade of this receptor relieves pain after spinal cord injury,<sup>26</sup> implicating it in injury-induced pain. Despite the suggested relationship between PGE2 and its receptor EP2 in joint pain from inflammation, no study has evaluated the EP2 response in the DRG after a mechanically induced painful joint injury.

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Earlier, we developed a model of cervical facet joint injury that uses mechanical loading *via* joint distraction to produce pain in the rat.<sup>3,10,27</sup> That model induces pain in the back of the neck and forepaw that develops within a day after joint injury and is sustained for nearly 4 weeks.<sup>4,11,28</sup> In addition, although spinal inflammation has been shown to relate to the severity of joint injury and pain in that model,<sup>11</sup> local inflammatory responses have not been characterized. Although inhibition of cyclo-oxygenase (COX) activity, which diminishes prostaglandin synthesis, has been shown to alleviate joint pain,<sup>13,29,30</sup> no study has defined the specific receptor components of the prostaglandin signaling pathway that may be involved in facet joint-mediated pain. Therefore, this study tested the hypothesis that painful facet joint distraction is associated with increased expression of the PGE2 receptor EP2 in the DRG.

## MATERIALS AND METHODS

Male Holtzman rats (Harlan Sprague-Dawley, Indianapolis, IN) (408 ± 26 g) were housed under United States Department of Agriculture- and Association for Assessment and Accreditation of Laboratory Animal Care-compliant conditions with a 12- to 12-hour light-dark cycle and free access to food and water. All experimental procedures were approved by the University of Pennsylvania Institutional Animal Care and Use Committee and carried out under the guidelines of the committee for research and ethical issues of the International Association for the Study of Pain.<sup>31</sup>

### General Surgical Procedures

All surgical procedures were performed under inhalation isoflurane anesthesia (4% for induction, 2.5% for maintenance). A cervical facet joint distraction was applied across the bilateral C6-C7 facet joints in the rat, as previously described.<sup>10,11,32</sup> Briefly, a midline incision was made along the back of the neck, and the C6-C7 facet joints and their capsules were exposed and cleared of soft tissues and muscle. The interspinous ligaments from C5-T1 were transected, and the C6 and C7 laminae were attached to a loading device *via* microforceps. For the injury group (n = 9), the C6 vertebra was displaced rostrally and C7 was held stationary, distracting the bilateral C6-C7 facet joints in a controlled manner known to induce persistent pain symptoms reliably.<sup>3,10,11,32</sup> Markers were attached to the C6 and C7 laminae and tracked by a camera mounted to the surgical dissecting scope during the distraction to quantify the magnitude of each distraction applied to the joint.<sup>4,32</sup> Separate groups of rats undergoing joint distraction injury were monitored postoperatively for 1 (n = 5) and 7 days (n = 4) at which point DRG tissue was harvested. Additional groups of rats underwent sham surgical procedures with no applied joint distraction (n = 4, day 1; n = 5, day 7). After surgery, wounds were closed using 3-0 polyester suture and surgical staples, and rats were recovered in room air with controlled temperature and humidity. The magnitude of applied joint distraction was compared between the days 1 and 7 injury groups using a *t* test with significance at *P* < 0.05.

### Behavioral Assessment

Bilateral forepaw mechanical allodynia was evaluated in all rats after surgical procedures on days 1, 3, 5, and 7 or until the time of tissue harvest. Baseline measurements also were recorded for each rat before any procedure. Methods to quantify forepaw allodynia have been previously validated.<sup>10,33</sup> Briefly, rats were placed in cages with a wire mesh floor and acclimated to the testing environment for 15 minutes. Rats then underwent 3 rounds of 10 stimulations to the plantar surface of each forepaw using 2-g and 4-g von Frey filaments (Stoelting, Wood Dale, IL). During each round, the number of responses, defined as emphatic lifting and/or licking of the forepaw, to stimulation with each filament was recorded separately for the right and left forepaws. The number of responses elicited during all 3 rounds was recorded. Because of the bilateral nature of the applied injury, the responses of the right and left paws were averaged to obtain a withdrawal total for each rat. A repeated-measures analysis of variance with Tukey's honestly significant difference test was used to compare responses with baseline for each group.

### Tissue Harvest, Processing, and Immunohistochemistry of EP2 Expression in the C6 DRG

On the day of tissue harvest, rats were given an overdose of sodium pentobarbital (65 mg/kg) and perfused transcardially with 300 mL of phosphate buffered saline and 250 mL of 4% paraformaldehyde in phosphate buffered saline (pH 7.4). Naïve unoperated rats (n = 3) were also included in these studies to serve as controls. The left C6 DRGs were harvested and postfixed in the same fixative solution for 1 hour at room temperature. DRGs were then transferred to 50% ethanol overnight, dehydrated in a graded ethanol series, and embedded in paraffin. Serial transverse sections (10 μm) were taken for immunohistochemistry and mounted onto aminopropyl-triethoxysilane-coated slides. Sections were deparaffinized and rehydrated before incubation with rabbit anti-EP2 (1:1000, Cayman Chemicals, Ann Arbor, MI) and mouse anti-MAP2 (1:200, Covance, Emeryville, CA) primary antibodies overnight at 4°C. DRG tissue sections that were not incubated with primary antibodies were included as negative controls. The following day, sections were washed and incubated with goat anti-rabbit Alexa 488 and goat anti-mouse Alexa 546 (Invitrogen, Carlsbad, CA) secondary antibodies and coverslipped using Fluoro-Gel (Electron Microscopy Sciences, Hatfield, PA).

A Carl Zeiss laser scanning microscope 510 (Carl Zeiss LLC, Thornwood, NY) equipped with argon, helium-neon, and coherent chameleon femtosecond-pulsed near infrared lasers was used to image each DRG at 40X magnification. For each tissue section, 2 images were taken at similar anatomical locations in the DRG to avoid bias in image sampling. Metamorph 6.0 image analysis software (Universal Imaging Inc, Sunnyvale, CA) was used to quantify EP2 expression in the DRG. Positive EP2 signals were defined as pixel intensities that were greater than the positive threshold intensity determined using naïve tissue.<sup>34,35</sup> For each image, total EP2 was measured by the integrated pixel intensity for EP2, which is

defined as the average positive pixel intensity multiplied by the area of positive pixels for EP2. Neuronal EP2 was measured as the amount of EP2 colocalized with neurons and quantified by the integrated pixel intensity of EP2 overlapping MAP2 positive pixels. Both average total EP2 and neuronal EP2 expression were determined relative to levels in the normal tissue. A 2-way analysis of variance, with time (days 1, 7) and group (injury, sham) as the factors, and *post hoc* Bonferroni correction compared the temporal changes in EP2 expression in the DRG.

## RESULTS

All rats in both the injury groups received the same joint distraction regardless of the time of tissue harvest. The average applied joint distraction was  $0.63 \pm 0.10$  mm for the day 1 injury group and  $0.66 \pm 0.01$  mm for the day 7 group, and these distraction magnitudes were not different from each other. Mechanical allodynia was evident in all the rats undergoing a facet joint distraction (Figure 1). Using the 2-g von Frey filament, allodynia was significantly elevated over baseline values on day 1 for the day 1 injury group ( $P < 0.003$ ) and on days 3, 5, and 7 for the other group of injury rats ( $P < 0.024$ ) (Figure 1A). In addition, allodynia also was significantly elevated over baseline at all time points for the day 1 ( $P < 0.001$ ) and day 7 ( $P < 0.012$ ) injury groups using the 4-g filament (Figure 1B). In contrast to injury responses,

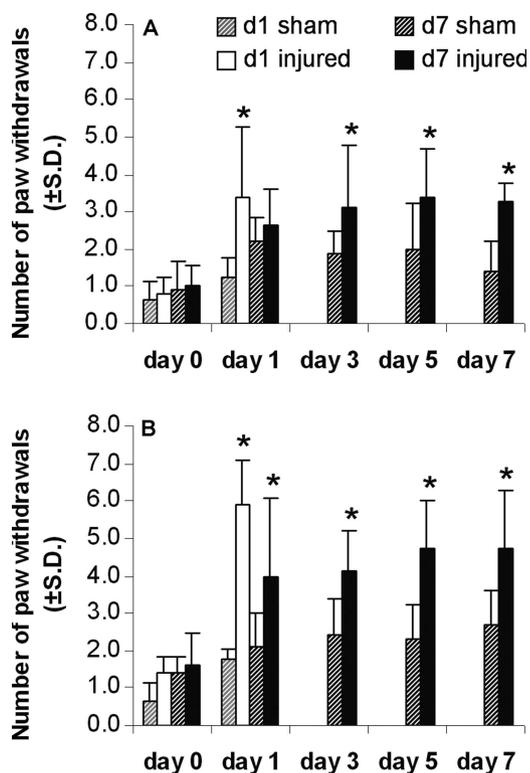
sham responses were not different from baseline at any time point for either of the sham groups, for stimulation by either the 2-g or 4-g filament (Figure 1).

EP2 was detected in the DRGs of all rats, and its expression was identified primarily in neurons (Figure 2). Painful facet joint distraction induced an increase in EP2 expression in the DRG at both days 1 and 7 (Figure 2). In fact, total normalized EP2 expression was significantly increased ( $P = 0.009$ ) in the day 1 injury group compared with sham levels at the same time point (Figure 3A). Total EP2 in the DRG remained significantly ( $P < 0.001$ ) elevated in the injury group over sham responses at day 7 (Figure 3A). On average,  $93\% \pm 10\%$  of the EP2 that was detected in the DRG was localized to neurons (Figure 2). Neuronal expression of EP2 was significantly increased ( $P = 0.013$ ) after painful injury at day 1 (Figure 3B). Yet, by day 7, neuronal EP2 expression in the injury group was no longer different from sham (Figure 3B).

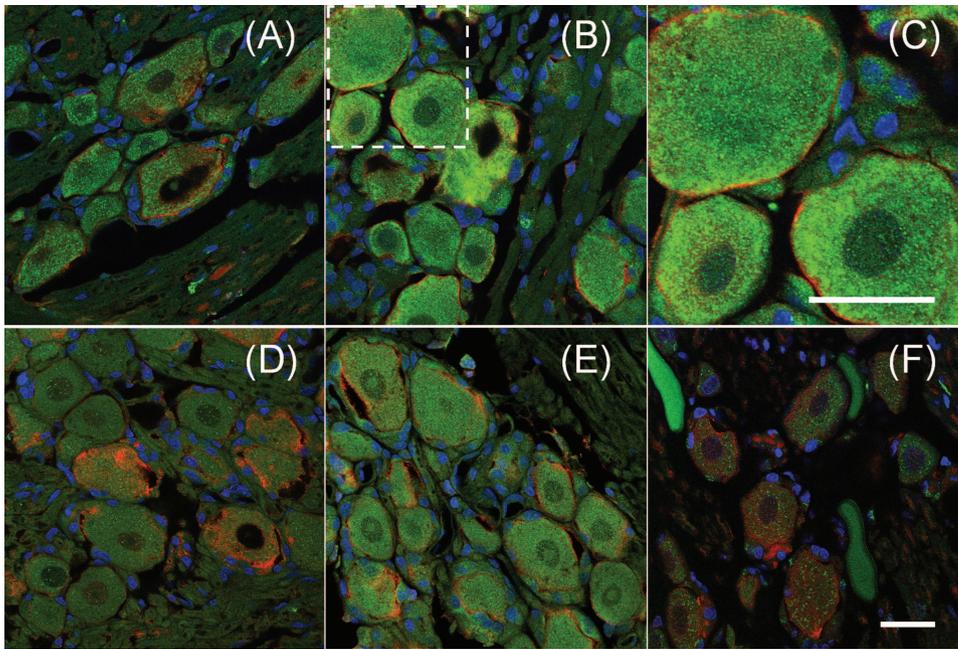
## DISCUSSION

These findings demonstrate that facet joint loading sufficient to induce behavioral sensitivity also increases expression of the PGE2 receptor EP2 in the DRG (Figures 1–3). In particular, increased EP2 expression is evident immediately after painful facet joint distraction and is maintained at this elevated level through day 7, mimicking the pattern of behavioral sensitivity (Figures 1 and 3). Despite the increase in EP2 at days 1 and 7, neuron-specific expression of EP2 is only increased on day 1 after injury (Figure 3). Although several studies identify roles for the PGE2 receptors in joint inflammation and arthritis,<sup>16,22,23,25,36</sup> this is the first study to demonstrate an association between mechanical joint injury-induced pain and EP2 upregulation. PGE2 increases in painful inflamed and arthritic joints,<sup>15,16</sup> and intra-arterial application of PGE2 sensitizes joint afferents to mechanical stimulation.<sup>37,38</sup> Yet, those studies only identify PGE2 as a likely mediator of joint pain and do not identify which receptor(s) is responsible for the effects of PGE2 on sensitivity. The current study demonstrates that EP2 expression increases in the DRG for at least 1 week in response to a painful joint injury. Taken together with the literature, these data implicate EP2 in joint-mediated pain.

The upregulation of EP2 protein expression in the DRG in response to a painful facet joint distraction is consistent with reports of activation of other inflammatory and nociceptive responses in this type of painful injury. The joint distraction magnitude imposed in this study has been shown to immediately activate capsule nociceptors, and also to modulate the cellular stress response and regulate messenger RNA levels of cytokines in the DRG at later times.<sup>10,11,39,40</sup> Accordingly, it is not surprising that EP2 is also upregulated in the DRG at both days 1 and 7 (Figure 3A). However, this study did not quantify expression of the other PGE2 receptors; both EP3 and EP4 have been shown to be altered in the DRG in response to peripheral inflammation, and selective antagonism of EP4 alleviates pain from ankle inflammation.<sup>22,23</sup> Additional studies are needed to evaluate the other PGE2 receptors and PGE2 itself to develop a complete picture of the inflammatory response induced after painful facet joint loading. However,



**Figure 1.** Mechanical allodynia in the forepaw as measured by the average number of responses to von Frey filament stimulation using 2-g (A) and 4-g (B) filaments. Forepaw allodynia is induced after facet joint distraction compared with baseline ( $*P < 0.024$ ) on the days after injury when tissue was harvested, whereas sham responses are not changed from baseline.



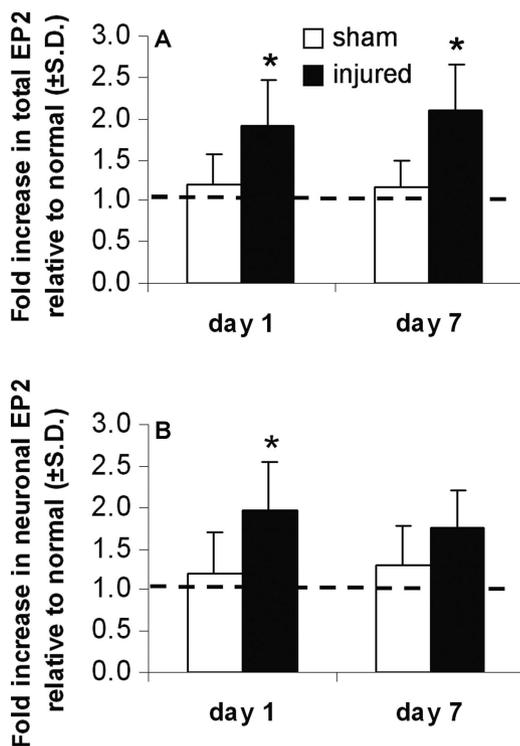
**Figure 2.** Expression of the EP2 receptor (green) in the dorsal root ganglion (DRG). On day 1, colabeling for EP2 and neurons (MAP2; red) demonstrates that EP2 expression after sham (A) is less than after painful joint injury (B) and that most EP2 is found in neurons. The boxed area in (B) is magnified (C) to highlight the neuronal expression of EP2. Similarly, on day 7, EP2 expression after sham (D) is less than after joint injury (E). EP2 expressed in the DRG of naïve rats served for comparison (F). Scale bars in C and F are 20  $\mu$ m. Scale bar in F applies to panels A–B and D–F. Nuclei are shown in blue.

inhibition of cyclo-oxygenase activity, and thus diminished prostaglandin synthesis, alleviates facet joint pain in this same injury model,<sup>13</sup> suggesting that prostaglandins such as PGE2 contribute to mechanically induced joint pain. Furthermore, the current study identifies EP2 as an important target for future studies to block receptor-specific prostaglandin activity,

refining the understanding of those cellular responses relevant to injury-induced joint pain. Nonetheless, the functional role of specific prostaglandin receptors in facet-mediated pain is still unknown.

Neurons constitute the main source of EP2 in the DRG, and neuronal expression of EP2 is significantly upregulated immediately after painful facet joint injury, in parallel with total EP2 expression (Figures 2 and 3). Despite the persistent upregulation of total EP2 expression evident at day 7, neuronal expression of this receptor is no longer different from sham at this time point (Figure 3B), which indicates that non-neuronal cells may also be expressing EP2 after facet joint injury. Macrophages expressing EP2 have been identified in the synovium of arthritic rats<sup>41</sup>; after sciatic nerve injury, expression of EP2 is upregulated in the nerve most likely by nonresident cells.<sup>42</sup> Furthermore, macrophages have been reported to infiltrate the DRG within 3 days of painful antigen-induced arthritis.<sup>43</sup> Taken together with findings in the current study, these reports suggest that inflammatory cells may infiltrate and contribute to the increased EP2 expression in the DRG on day 7 after joint distraction. However, although there is a subtle increase in neuronal EP2 at day 7 after painful injury, this was not significant, which may be an artifact of the small sample size of the groups in that time point and not actually indicate a real shift in EP2 expression to non-neuronal sources. Additional studies using larger group sizes are needed to verify that neuronal EP2 is unchanged after injury and to identify any non-neuronal sources of EP2 in the DRG in this model.

Although EP2 expression increases in the DRG after a painful facet joint injury (Figures 2 and 3), this study does not characterize EP2 expression in the spinal cord, where prostaglandins, specifically PGE2, have been shown to contribute to hyperexcitability in response to peripheral inflammation.<sup>21</sup> Painful facet joint injury is associated with



**Figure 3.** Quantification of total (A) and neuronal (B) expression of EP2 in the dorsal root ganglion (DRG). (A), After painful joint injury, total EP2 is increased at day 1 ( $*P = 0.009$ ) and day 7 ( $*P < 0.001$ ). (B), Neuronal EP2 is increased at only day 1 ( $*P = 0.013$ ). The dashed line indicates EP2 expression in the DRG of normal rats.

spinal inflammation<sup>11,13</sup> and induces increased neuronal firing in the spinal cord dorsal horn.<sup>32</sup> In addition, blockade of spinal EP2 alleviates pain after a spinal cord injury,<sup>26</sup> implicating spinal EP2 in injury-induced pain. This collection of findings suggests that spinal PGE2 may contribute to facet joint injury-mediated spinal hyperexcitability and pain. Because spinal PGE2 and EP2 are associated with spinal neuronal hyperexcitability and pain, both of which are induced by facet joint injury, further studies characterizing spinal EP2 expression after joint injury will provide insight into its role in facet joint-mediated pain.

Although painful facet joint injury induces an upregulation of EP2 expression, these results reflect only a single injury modality, specifically tensile stretch of the facet joint capsule. Facet-mediated pain can also arise from other mechanical loading conditions, such as joint compression and shear that can occur during whiplash,<sup>5,44</sup> or with joint degeneration from osteoarthritis.<sup>45</sup> It is not known if the results from the current study would be conserved under these different conditions. In addition, the current study only identifies an upregulation of EP2 expression in the DRG after injury and does not investigate its functional role in injury-induced or other joint-mediated pain responses. Further studies utilizing intra-articular application of a previously validated synthetic antagonist of EP2<sup>26</sup> are needed to identify the functional role of increased EP2 in the DRG to understand the contribution of this receptor to facet-mediated pain fully. Lastly, as with findings from any animal model, it is important to consider these findings in the context of the model itself when extrapolating any potential implications to the human condition.<sup>46</sup> Specifically, it is important to consider whether the model and its findings simulate the injury or the symptoms, and to recognize that cellular responses in the absence of any pharmacological intervention are only associative and may not be causal.

## CONCLUSION

Despite some limitations, the data reported in this study support the role of EP2 in both the induction and maintenance of pain after mechanical facet joint injury. A host of responses involving neurotrophins, neuropeptides, and other inflammatory mediators likely contributes to facet-mediated pain. However, the relief of pain through intra-articular application of the anti-inflammatory drug ketorolac supports an important role of prostaglandin signaling in this painful injury.<sup>13</sup> In addition, ketorolac administration is sufficient to prevent the upregulation of a mediator of the integrated stress response in the DRG.<sup>13</sup> Because facet joint injury upregulates inflammatory mediators in the DRG<sup>11</sup> and local anti-inflammatory treatment is able to prevent injury-induced changes in the DRG,<sup>13</sup> there is a strong link between painful mechanical joint injury, inflammation, and neuronal plasticity. Despite this relationship, it is still unknown how EP2 contributes to joint pain. Nevertheless, by identifying increased expression of EP2, this study provides a basis for a peripheral role of PGE2 in facet joint pain and suggests that mechanical joint injury may induce local inflammation despite not having an inflammatory insult.

## ➤ Key Points

- ❑ Painful cervical facet joint injury induces increased EP2 expression in the DRG that is sustained for at least 7 days.
- ❑ EP2 expression in the DRG is primarily increased in neurons early after the injury but is transient.
- ❑ Findings suggest that pain after a mechanical joint injury may be due to peripheral inflammatory responses, particularly those involving prostaglandins in the DRG.

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